

KNZB Regio-West Open Masters Deel 3
Alphen a.d. Rijn, 18-2-2018

Programmanr. 1
18-2-2018 - 16:00

4 x 100m vrije slag

lft 80 - 359
Resultaten

rang	vereniging		intijd		tijd	RT
120+, Gemengd						
1.	AZC 1	AZC		NT	4:29.38	
	Stefan Oostendorp	90	30.37	1:03.28	Monique Remst	87
	Esther Boerdam-Delfos	87			Guido Keutgen	68
2.	LZ 1886 1	LZ 1886		4:42.55	5:06.13	
	Marieke Ipema	94	35.25	1:13.69	Caspar Boendermaker	65
	Ingmar Kooman	79			Nienke de Kok	91
160+, Gemengd						
1.	GoSwim 1	GoSwim		4:23.02	4:26.05	
	Rudi Butselaar	87	33.38	1:09.56	Ivo Dijis	72
	Erwin Beringen	66			Victor Bamar	78

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Programmanr. 2
18-2-2018 - 16:05

100m wisselslag

20 - 94 jaar
Resultaten

rang	naam	vereniging	intijd		tijd	RT
Masters 30+, Heren						
1.	Harmen Reemst	ZOB'66	1:15.39	198702715	1:14.20	318
2.	Niels Rooijackers	LZ 1886	1:20.32	198806215	1:18.84	265
Masters 35+, Heren						
1.	Ingmar Kooman	LZ 1886	1:19.56	197901517	1:20.51	249
NG	Bart Amsing	AZC	1:10.00	198200027		
Masters 40+, Heren						
1.	Emiel Volker	LZ 1886	NT	197601605	1:20.62	248
	50m: 38.15	100m: 1:20.62				
2.	Erik Rushton	WIDEX GZC DONK	1:24.40	197601573	1:23.41	224
DIS	Timo Stek	AZC	1:40.00	197601635		
<i>SJ - Na start en/of keerpunt een verkeerde arm- en/of beenslag gemaakt.</i>						
Masters 45+, Heren						
1.	Tibor Papp	ZVVS	1:30.00	197201623	1:22.85	229
	50m:	100m: 1:22.85				
2.	Jeff van Loon	De Geul	1:39.99	197001687	1:43.95	323
				SM7		
Masters 50+, Heren						
1.	Harold Matla	PSV	1:09.21	196800591	1:10.58	370
2.	Guido Keutgen	AZC	1:09.44	196801551	1:12.34	343
3.	Pierre de Groot	WIDEX GZC DONK	1:24.67	196401431	1:27.60	193
4.	Roland de Jonge	Thalassa	NT	196701717	1:37.85	139
	50m: 47.13	100m: 1:37.85				
Masters 60+, Heren						
1.	Wim de Lange	AZC	1:17.11	195800533	1:19.80	256
AFGEM	Dré Klaassen	ZOB'66	1:33.00	195600141		
Masters 65+, Heren						
1.	Brend Brevé	PSV	1:13.38	195200265	1:17.44	280
Masters 70+, Heren						
1.	Willem Putter	ZVVS	1:34.96	194500135	1:32.98	162
	50m:	100m: 1:32.98				
Masters 75+, Heren						
1.	Rob Hanou	PSV	1:29.90	194300109	1:30.13	178
	50m:	100m: 1:30.13				
2.	Geza Kaltenecker	AZC	1:42.03	194200065	1:41.91	123
Masters 20+, Dames						
1.	Manon van Strien	WVZ	1:10.55	199400770	1:11.63	496
2.	Mariska Gach	LZ 1886	1:18.19	199501760	1:22.54	324
Masters 25+, Dames						
1.	Adela Vázquez Garcia	LZ 1886	1:20.00	199307952	1:20.75	346

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Programmanr. 2, 100m wisselslag

Masters 30+, Dames

1.	Monique Remst	AZC	1:15.00	198706236	1:17.69	389
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Masters 40+, Dames

1.	Linda Kerkmeester	GoSwim	1:41.49	197400980	1:40.52	179
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Masters 50+, Dames

1.	Margriet Post-Goedemoed	De Otters Het Gooi	NT	196400632	1:26.59	281
	50m: 39.86	100m: 1:26.59				
2.	Anita Steijger	WVZ	1:32.04	196500628	1:31.63	237
3.	Sandra Hoofs-Buil	The Hague Swimming (SG)	1:25.67	196600678	1:35.43	210
	50m:	100m: 1:35.43				
4.	Roselinda van der Vlugt	ZV Woestduin	1:35.70	196700710	1:41.80	173

Masters 55+, Dames

1.	Marlien Wijnhof	Nat Utrecht	1:33.66	196100300	1:35.59	209
2.	Lia Bijkerk	WIDEX GZC DONK	1:45.12	196000014	1:46.05	153

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Programmanr. 3 50m rugslag 20 - 94 jaar
18-2-2018 - 16:15 Resultaten

rang	naam	vereniging	intijd		tijd	RT
Masters 45+, Heren						
1.	Jos van Ewijk	WIDEX GZC DONK	34.71	197000313	34.03	353
2.	Ingmar de Gelder	ZOB'66	38.13	197000333	37.03	274
Masters 50+, Heren						
1.	Freddy v.d. Veen	ZVVS	36.35	196601161	35.98	298
2.	Hans Bijleveld	The Hague Swimming (SG)	41.86	196601649	41.22	198
3.	Caspar Boendermaker	LZ 1886	40.16	196501605	41.82	190
Masters 55+, Heren						
1.	Arthur van Strien	WVZ	33.82	196301401	33.54	368
Masters 60+, Heren						
1.	Andre Pantekoek	De Devel	43.00	195800321	42.41	182
2.	Peter Coffeng	WIDEX GZC DONK	44.51	195700063	46.13	142
Masters 25+, Dames						
1.	Nienke de Kok	LZ 1886	41.36	199108576	41.41	279
2.	Martine Stam	Albion d'ELFT (SG)	45.00	199307942	47.03	190
NG	Xandra Otter	WIDEX GZC DONK	44.02	199006046		
Masters 30+, Dames						
1.	Samantha Go	AZC	44.00	198403552	40.44	300
2.	Femke Smits	Rotterdam Swimming (SG)	52.78	198403574	51.70	143
Masters 35+, Dames						
1.	Jessica Venema	WIDEX GZC DONK	37.25	197901526	37.77	368
Masters 45+, Dames						
1.	Danielle van Veen	ZPC Woerden	36.98	196901048	38.05	360
Masters 60+, Dames						
1.	Patty Krupiarz	PSV	40.82	195400074	42.91	251

KNZB Regio-West Open Masters Deel 3
Alphen a.d. Rijn, 18-2-2018

Programmanr. 4
18-2-2018 - 16:19

100m vlinderslag

20 - 94 jaar
Resultaten

rang	naam	vereniging	intijd		tijd	RT
Masters 30+, Heren						
1.	Paul Notenboom 50m: 31.20	Strijen 100m: 1:07.02	1:07.58	198805513	1:07.02	411
2.	Ferdy van Mastrigt 50m: 31.42	Rotterdam Swimming (SG) 100m: 1:10.63	1:08.79	198802315	1:10.63	351
3.	Rudi Butselaar 50m: 33.06	GoSwim 100m: 1:12.75	1:18.78	198700577	1:12.75	321
Masters 40+, Heren						
1.	Victor Barnar 50m: 33.92	GoSwim 100m: 1:13.38	1:13.06	197801805	1:13.38	313
Masters 45+, Heren						
1.	Ivo Dijs 50m: 35.13	GoSwim 100m: 1:20.59	NT	197201613	1:20.59	236
Masters 20+, Dames						
1.	Heleen ten Have 50m: 42.51	ZVVS 100m: 1:34.22	1:32.09	199403000	1:34.22	206
Masters 35+, Dames						
1.	Linda Hoogendam 50m: 38.83	WVZ 100m: 1:25.31	1:20.43	198300892	1:25.31	277
Masters 40+, Dames						
1.	Liselotte Joling 50m: 35.65	PSV 100m: 1:16.18	1:13.00	197500268	1:16.18	390
Masters 45+, Dames						
1.	H. Driesen-Joanknecht 50m: 49.94	Aqua-Novio'94 100m: 1:45.09	1:59.27	197101056	1:45.09	148

KNZB Regio-West Open Masters Deel 3
Alphen a.d. Rijn, 18-2-2018

Programmanr. 5 50m vrije slag 20 - 94 jaar
18-2-2018 - 16:24 Resultaten

rang	naam	vereniging	intijd		tijd	RT
Masters 20+, Heren						
1.	Sander Kartman	ZV Woestduin	25.75	199805091	26.35 FJ 1	500
2.	Sam Beer	Strijen	25.75	199605521	26.35 FJ 2	500
3.	Ian van Mullem	ZOB'66	27.49	199602545	27.86	423
4.	Tim van IJll	WVZ	27.91	199802297	28.60	391
Masters 25+, Heren						
1.	Stefan Oostendorp	AZC	28.32	199005615	29.01	374
Masters 30+, Heren						
1.	Mark Godwaldt	PSV	29.05	198701039	28.71	386
2.	Reinout de Oude	The Hague Swimming (SG)	35.17	198503883	36.35	190
Masters 35+, Heren						
1.	Ingmar Kooman	LZ 1886	30.19	197901517	30.74	315
Masters 40+, Heren						
1.	Pieter Broek	ZV Westland	26.64	197701637	27.86 FJ 1	423
2.	Markus van Rest	WVZ	27.71	197701197	27.86 FJ 2	423
3.	Erik Rushton	WIDEX GZC DONK	33.26	197601573	34.29	227
4.	Timo Stek	AZC	38.00	197601635	35.95	197
Masters 45+, Heren						
1.	Jos van Ewijk	WIDEX GZC DONK	28.86	197000313	28.50	395
2.	Arno van Vliet	Strijen	NT	197301595	36.83	183
Masters 50+, Heren						
1.	Erwin Beringen	GoSwim	31.53	196601515	29.68	350
2.	Philip van der Gaag	ZV Westland	29.53	196801627	29.92	341
3.	Willem Jan Ribberink	WIDEX GZC DONK	30.56	196501327	31.63	289
4.	Gertjan van der Vaart	ZVVS	32.27	196801529	32.35	270
5.	Pierre de Groot	WIDEX GZC DONK	31.49	196401431	33.16	251
Masters 55+, Heren						
1.	Robin Prins	De Geul	31.00	196200515	31.44	294
2.	Arjen van Walderveen	GoSwim	NT	196301445	31.57	291
3.	Egbert van der Ven	GoSwim	NT	195900845	48.48	80
Masters 60+, Heren						
1.	Evertjan Masurel	PSV	29.84	195600495	30.27	330
2.	Andre Pantekoek	De Devel	36.00	195800321	35.90	198
Masters 70+, Heren						
1.	Peter Ouweneel	Rotterdam Swimming (SG)	44.59	194500077	49.49	75
Masters 75+, Heren						
1.	Geza Kaltenecker	AZC	35.67	194200065	36.83	183
Masters 20+, Dames						
1.	Jamilla van Veen	ZPC Woerden	27.22	199603192	27.16	667
2.	Laura Scheffer	GoSwim	31.48	199407222	30.31	480
3.	Marieke Ipema	LZ 1886	32.95	199401290	31.58	424
4.	Mariska Schols	Rotterdam Swimming (SG)	46.84	199606804	47.89	122

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Programmanr. 5, 50m vrije slag

Masters 25+, Dames

1.	Nienke de Kok	LZ 1886	36.53	199108576	38.08	242
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Masters 30+, Dames

1.	Monique Remst	AZC	29.95	198706236	30.89	453
2.	Mariska Zaal	AZC	32.46	198806916	31.55	425
3.	Esther Boerdam-Delfos	AZC	35.39	198705256	35.33	303
4.	Samantha Go	AZC	33.58	198403552	36.24	281

Masters 50+, Dames

1.	Margriet Post-Goedemoed	De Otters Het Gooi	NT	196400632	34.02	339
2.	Alice de Haan	WIDEX GZC DONK	35.60	196400590	35.95	288
3.	Caroline Kruger	De Lansingh	NT	196800928	36.06	285
4.	Roselinda van der Vlugt	ZV Woestduin	39.31	196700710	39.98	209
5.	Pauline de Haas	The Hague Swimming (SG)	42.04	196400618	41.69	184

Masters 55+, Dames

1.	Lia Bijkerk	WIDEX GZC DONK	40.36	196000014	43.19	166
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Programmanr. 6
18-2-2018 - 16:30

100m schoolslag

20 - 94 jaar
Resultaten

rang	naam		vereniging	intijd		tijd	RT
Masters 25+, Heren							
1.	Jordy Franken	46.40	Rotterdam Swimming (SG)	NT	199307303	1:40.50	191
	50m:		100m:	1:40.50			
Masters 35+, Heren							
1.	Victor den Heijer	35.19	Albion d'ELFT (SG)	1:16.00	198300867	1:16.48	434
	50m:		100m:	1:16.48			
Masters 45+, Heren							
1.	Ivo Dijs	39.63	GoSwim	1:24.58	197201613	1:23.75	331
	50m:		100m:	1:23.75			
Masters 50+, Heren							
1.	Harold Matla	36.13	PSV	1:11.34	196800591	1:14.38	472
	50m:		100m:	1:14.38			
2.	Gertjan van der Vaart	46.50	ZVVS	1:29.99	196801529	1:38.06	206
	50m:		100m:	1:38.06			
Masters 60+, Heren							
1.	Wim de Lange	41.43	AZC	1:24.93	195800533	1:27.19	293
	50m:		100m:	1:27.19			
AFGEM	Dré Klaassen		ZOB'66	1:34.01	195600141		
Masters 75+, Heren							
1.	Rob Hanou	44.83	PSV	1:34.00	194300109	1:33.83	235
	50m:		100m:	1:33.83			
Masters 25+, Dames							
1.	Cathy Schrijner	47.63	LZ 1886	1:39.56	199108044	1:40.09	266
	50m:		100m:	1:40.09			
Masters 30+, Dames							
NG	Tessa Lukassen		GoSwim	1:28.05	198702620		
Masters 35+, Dames							
1.	Jessica Venema	42.92	WIDEX GZC DONK	1:35.94	197901526	1:33.31	328
	50m:		100m:	1:33.31			
2.	Marieke Kamphuis	53.22	PLONS	1:55.00	198102200	1:52.69	186
	50m:		100m:	1:52.69			
Masters 45+, Dames							
1.	Nathasja Konijn	47.55	WIDEX GZC DONK	1:42.80	197100992	1:40.24	265
	50m:		100m:	1:40.24			
2.	H. Driesen-Joanknecht	48.95	Aqua-Novio'94	1:41.04	197101056	1:41.73	253
	50m:		100m:	1:41.73			
NG	Karin Stein		ZVVS	1:22.55	197100554		
Masters 55+, Dames							
AFGEM	Annemarie Straetemans		De Geul	1:46.36	196300508		

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Programmanr. 6, 100m schoolslag

Masters 65+, Dames

1.	Tineke van Diggelen	ZPCH	1:54.00	195200048	1:54.90	176
	50m: 54.38	100m: 1:54.90				

KNZB Regio-West Open Masters Deel 3
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Programmanr. 7
18-2-2018 - 16:52

100m vrije slag

20 - 94 jaar
Resultaten

rang	naam	vereniging	intijd		tijd	RT
Masters 20+, Heren						
1.	Sander Kartman	ZV Woestduin	57.34	199805091	58.76	509
	50m: 28.48	100m: 58.76				
Masters 25+, Heren						
1.	Stefan Oostendorp	AZC	1:01.57	199005615	1:03.02	412
	50m: 29.73	100m: 1:03.02				
Masters 30+, Heren						
1.	Mark Godwaldt	PSV	1:02.88	198701039	1:03.02	412
	50m: 30.28	100m: 1:03.02				
2.	Niels Rooijackers	LZ 1886	1:18.59	198806215	1:10.41	296
	50m: 33.13	100m: 1:10.41				
3.	Reinout de Oude	The Hague Swimming (SG)	1:20.58	198503883	1:19.96	202
	50m: 38.05	100m: 1:19.96				
Masters 40+, Heren						
1.	Pieter Broek	ZV Westland	NT	197701637	1:00.75	460
	50m: 28.62	100m: 1:00.75				
2.	Emiel Volker	LZ 1886	1:07.75	197601605	1:08.57	320
	50m: 32.73	100m: 1:08.57				
Masters 45+, Heren						
1.	Ingmar de Gelder	ZOB'66	1:06.00	197000333	1:06.88	345
	50m: 31.44	100m: 1:06.88				
2.	Chang Bom	The Hague Swimming (SG)	1:09.39	197201483	1:08.14	326
	50m: 32.40	100m: 1:08.14				
Masters 50+, Heren						
1.	Freddy v.d. Veen	ZVVS	1:08.62	196601161	1:05.39	369
	50m: 30.07	100m: 1:05.39				
2.	Caspar Boendermaker	LZ 1886	1:14.63	196501605	1:14.62	248
	50m: 35.36	100m: 1:14.62				
3.	Gertjan van der Vaart	ZVVS	1:13.77	196801529	1:16.20	233
	50m: 36.06	100m: 1:16.20				
4.	Hans Bijleveld	The Hague Swimming (SG)	1:22.00	196601649	1:20.02	201
	50m: 38.48	100m: 1:20.02				
Masters 55+, Heren						
1.	Arthur van Strien	WVZ	1:03.06	196301401	1:02.83	416
	50m: 31.49	100m: 1:02.83				
Masters 60+, Heren						
1.	Evertjan Masurel	PSV	1:07.30	195600495	1:09.07	313
	50m: 32.97	100m: 1:09.07				
2.	Andre Pantekoek	De Devel	1:21.00	195800321	1:21.28	192
	50m: 38.47	100m: 1:21.28				
Masters 70+, Heren						
1.	Willem Putter	ZVVS	1:18.62	194500135	1:19.34	207
	50m: 38.66	100m: 1:19.34				
2.	Peter Ouweneel	Rotterdam Swimming (SG)	1:49.49	194500077	1:53.17	71
	50m: 54.77	100m: 1:53.17				

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Programmanr. 7, 100m vrije slag

Masters 20+, Dames

1.	Manon van Strien	WVZ	1:02.26	199400770	1:03.89	541
	50m: 31.03	100m: 1:03.89				
2.	Mariska Gach	LZ 1886	1:07.19	199501760	1:11.38	388
	50m: 34.18	100m: 1:11.38				
3.	Mariska Schols	Rotterdam Swimming (SG)	NT	199606804	1:48.57	110
	50m: 51.29	100m: 1:48.57				

Masters 25+, Dames

1.	Adela Vázquez Garcia	LZ 1886	1:08.43	199307952	1:11.41	388
	50m: 33.09	100m: 1:11.41				

Masters 30+, Dames

1.	Esther Boerdam-Delfos	AZC	1:16.57	198705256	1:16.95	310
	50m: 36.94	100m: 1:16.95				
2.	Femke Smits	Rotterdam Swimming (SG)	NT	198403574	1:37.02	155
	50m: 46.70	100m: 1:37.02				

Masters 40+, Dames

1.	Linda Kerkmeester	GoSwim	1:27.00	197400980	1:36.23	158
	50m: 45.88	100m: 1:36.23				

Masters 45+, Dames

1.	Nathasja Konijn	WIDEX GZC DONK	1:20.39	197100992	1:18.71	290
	50m: 37.61	100m: 1:18.71				

Masters 50+, Dames

1.	Anita Steijger	WVZ	1:20.54	196500628	1:20.47	271
	50m: 39.16	100m: 1:20.47				
2.	Sandra Hoofs-Buil	The Hague Swimming (SG)	1:17.61	196600678	1:21.58	260
	50m: 38.92	100m: 1:21.58				
3.	Pauline de Haas	The Hague Swimming (SG)	1:38.00	196400618	1:41.57	135
	50m: 48.11	100m: 1:41.57				

Masters 65+, Dames

1.	Geerdien Meerwaldt	De Geul	1:52.99	195200058	1:55.44	92
	50m: 54.50	100m: 1:55.44				

KNZB Regio-West Open Masters Deel 3
Alphen a.d. Rijn, 18-2-2018

Programmanr. 8 50m vlinderslag 20 - 94 jaar
18-2-2018 - 17:02 Resultaten

rang	naam	vereniging	intijd		tijd	RT
Masters 20+, Heren						
1.	Sam Beer	Strijen	29.11	199605521	29.48	440
2.	Sander Kartman	ZV Woestduin	28.85	199805091	31.18	372
3.	Tim van IJl	WVZ	31.56	199802297	31.91	347
Masters 30+, Heren						
1.	Ferdy van Maastricht	Rotterdam Swimming (SG)	29.86	198802315	30.58	395
Masters 35+, Heren						
1.	Ingmar Kooman	LZ 1886	32.86	197901517	32.99	314
Masters 40+, Heren						
1.	Markus van Rest	WVZ	29.33	197701197	29.46	441
2.	Victor Barnar	GoSwim	31.34	197801805	31.10	375
3.	Erik Rushton	WIDEX GZC DONK	35.59	197601573	36.69	228
Masters 45+, Heren						
1.	Jeff van Loon	De Geul	45.00	197001687 S7	55.00	154
Masters 50+, Heren						
1.	Philip van der Gaag	ZV Westland	33.84	196801627	33.87	290
2.	Roland de Jonge	Thalassa	44.17	196701717	42.69	145
Masters 60+, Heren						
1.	Wim de Lange	AZC	35.30	195800533	38.91	192
Masters 65+, Heren						
1.	Brend Brevé	PSV	31.19	195200265	32.77	321
Masters 25+, Dames						
1.	Martine Stam	Albion d'ELFT (SG)	47.46	199307942	48.84	125
Masters 30+, Dames						
1.	Monique Remst	AZC	33.47	198706236	33.26	396
Masters 35+, Dames						
1.	Jessica Venema	WIDEX GZC DONK	39.81	197901526	37.60	274

KNZB Regio-West Open Masters Deel 3
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Programmanr. 9
18-2-2018 - 17:05

100m rugslag

20 - 94 jaar
Resultaten

rang	naam	vereniging	intijd		tijd	RT
Masters 30+, Heren						
1.	Harmen Reemst	ZOB'66	1:13.79	198702715	1:16.36	315
	50m: 36.76	100m: 1:16.36				
Masters 50+, Heren						
1.	Guido Keutgen	AZC	1:05.87	196801551	1:07.54	455
	50m: 32.13	100m: 1:07.54				
Masters 60+, Heren						
1.	Evertjan Masurel	PSV	1:19.06	195600495	1:27.35	210
	50m: 43.10	100m: 1:27.35				
Masters 20+, Dames						
1.	Heleen ten Have	ZVVS	1:25.13	199403000	1:26.69	301
	50m: 41.53	100m: 1:26.69				
2.	Mariska Schols	Rotterdam Swimming (SG)	NT	199606804	2:12.03	85
	50m: 1:06.13	100m: 2:12.03				
Masters 45+, Dames						
1.	Nathasja Konijn	WIDEX GZC DONK	1:30.85	197100992	1:32.89	245
	50m: 46.13	100m: 1:32.89				
Masters 50+, Dames						
1.	Margriet Post-Goedemoed	De Otters Het Gooi	NT	196400632	1:28.10	287
	50m: 42.54	100m: 1:28.10				
Masters 60+, Dames						
1.	Patty Krupiarz	PSV	1:32.32	195400074	1:39.07	202
	50m: 47.52	100m: 1:39.07				

KNZB Regio-West Open Masters Deel 3
Alphen a.d. Rijn, 18-2-2018

Programmanr. 10 50m schoolslag 20 - 94 jaar
18-2-2018 - 17:10 Resultaten

rang	naam	vereniging	intijd	tijd	RT	
Masters 20+, Heren						
1.	Sam Beer	Strijen	34.04	199605521	34.07	466
2.	Ian van Mullem	ZOB'66	36.37	199602545	37.41	352
3.	Tim van IJl	WVZ	36.30	199802297	37.71	344
Masters 25+, Heren						
1.	Stefan Oostendorp	AZC	37.21	199005615	37.71	344
2.	Jordy Franken	Rotterdam Swimming (SG)	44.81	199307303	43.62	222
Masters 30+, Heren						
1.	Niels Rooijakkers	LZ 1886	38.70	198806215	40.12	286
Masters 40+, Heren						
1.	Markus van Rest	WVZ	38.69	197701197	37.19	359
2.	Emiel Volker	LZ 1886	42.38	197601605	41.85	252
Masters 45+, Heren						
1.	Ingmar de Gelder	ZOB'66	37.71	197000333	38.64	320
2.	Tibor Papp	ZVVS	42.97	197201623	41.70	254
3.	Arno van Vliet	Strijen	NT	197301595	43.17	229
Masters 50+, Heren						
1.	Harold Matla	PSV	31.70	196800591	31.93	567
2.	Erwin Beringen	GoSwim	42.13	196601515	39.87	291
3.	Philip van der Gaag	ZV Westland	39.33	196801627	40.12	286
4.	Pierre de Groot	WIDEX GZC DONK	40.77	196401431	40.85	271
5.	Hans Bijleveld	The Hague Swimming (SG)	46.00	196601649	44.91	204
DIS	Roland de Jonge	Thalassa	NT	196701717		
AA - Gestart voor het startsignaal (en wel gezwommen).						
Masters 55+, Heren						
1.	Arjen van Walderveen	GoSwim	NT	196301445	45.38	197
Masters 60+, Heren						
AFGEM	Dré Klaassen	ZOB'66	43.62	195600141		
Masters 70+, Heren						
1.	Peter Ouweeneel	Rotterdam Swimming (SG)	48.83	194500077	59.35	88
Masters 75+, Heren						
1.	Rob Hanou	PSV	43.00	194300109	43.99	217
Masters 20+, Dames						
1.	Marieke Ipema	LZ 1886	40.37	199401290	41.02	371
Masters 25+, Dames						
1.	Nienke de Kok	LZ 1886	45.99	199108576	48.85	220

KNZB Regio-West Open Masters Deel 3
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Programmanr. 10, 50m schoolslag

Masters 30+, Dames

1. Mariska Zaal	AZC	40.66	198806916	41.11	369
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Masters 35+, Dames

1. Marike Kamphuis	PLONS	54.00	198102200	51.95	183
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Masters 40+, Dames

1. Linda Kerkmeester	GoSwim	51.40	197400980	50.43	200
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Masters 45+, Dames

1. Danielle van Veen	ZPC Woerden	41.04	196901048	41.76	352
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Masters 50+, Dames

1. Anita Steijger	WVZ	47.48	196500628	47.52	239
2. Caroline Kruger	De Lansingh	NT	196800928	47.54	238
3. Pauline de Haas	The Hague Swimming (SG)	52.97	196400618	59.35	123

Masters 55+, Dames

1. Lia Bijkerk	WIDEX GZC DONK	50.21	196000014	50.54	198
AFGEM Annemarie Straetemans	De Geul	49.43	196300508		

Masters 65+, Dames

1. Tineke van Diggelen	ZPCH	53.00	195200048	52.80	174
2. Geerdien Meerwaldt	De Geul	55.42	195200058	58.80	126

KNZB Regio-West Open Masters Deel 3
Alphen a.d. Rijn, 18-2-2018

Programmanr. 11 800m vrije slag 20 - 94 jaar
18-2-2018 - 17:16 Resultaten

rang	naam	vereniging	intijd		tijd	RT
Masters 30+, Heren						
1.	Paul Notenboom	Strijen	9:45.52	198805513	9:53.91	441
	50m:	200m: 2:21.16	350m:	500m:	650m:	800m: 9:53.91
	100m: 1:07.13	250m:	400m: 4:53.89	550m:	700m:	
	150m:	300m:	450m:	600m:	750m:	
2.	Mark Godwaldt	PSV	10:00.00	198701039	10:09.07	409
	50m:	200m: 2:24.51	350m:	500m:	650m:	800m: 10:09.07
	100m: 1:09.04	250m:	400m: 4:59.43	550m:	700m:	
	150m:	300m:	450m:	600m:	750m:	
3.	Ferdy van Mastrikt	Rotterdam Swimming (SG)	10:38.26	198802315	10:42.56	348
	50m:	200m: 2:32.00	350m:	500m:	650m:	800m: 10:42.56
	100m: 1:12.72	250m:	400m: 5:14.96	550m:	700m:	
	150m:	300m:	450m:	600m:	750m:	
4.	Rudi Butselaar	GoSwim	12:11.84	198700577	11:54.48	253
	50m:	200m: 2:47.56	350m:	500m:	650m:	800m: 11:54.48
	100m: 1:18.29	250m:	400m: 5:49.48	550m:	700m:	
	150m:	300m:	450m:	600m:	750m:	
Masters 35+, Heren						
1.	Martin van Vaardegem	GoSwim	11:30.93	198201767	11:09.43	308
	50m:	200m: 2:33.59	350m:	500m:	650m:	800m: 11:09.43
	100m: 1:12.62	250m:	400m: 5:22.76	550m:	700m:	
	150m:	300m:	450m:	600m:	750m:	
2.	Victor den Heijer	Albion d'ELFT (SG)	11:00.00	198300867	12:05.66	242
	50m:	200m: 2:41.13	350m:	500m:	650m:	800m: 12:05.66
	100m: 1:14.81	250m:	400m: 5:45.06	550m:	700m:	
	150m:	300m:	450m:	600m:	750m:	
NG	Bart Amsing	AZC	10:10.00	198200027		
Masters 40+, Heren						
1.	Victor Barnar	GoSwim	10:32.00	197801805	10:24.87	379
	50m:	200m: 2:26.01	350m:	500m:	650m:	800m: 10:24.87
	100m: 1:10.83	250m:	400m: 5:02.09	550m:	700m:	
	150m:	300m:	450m:	600m:	750m:	
2.	Ron Langelaan	DAW	11:48.41	197800643	11:31.59	279
	50m:	200m: 2:32.71	350m:	500m:	650m:	800m: 11:31.59
	100m: 1:11.96	250m:	400m: 5:26.66	550m:	700m:	
	150m:	300m:	450m:	600m:	750m:	
Masters 45+, Heren						
1.	Jos van Ewijk	WIDEX GZC DONK	10:30.00	197000313	10:09.55	408
	50m:	200m: 2:26.09	350m:	500m:	650m:	800m: 10:09.55
	100m: 1:09.70	250m:	400m: 5:02.47	550m:	700m:	
	150m:	300m:	450m:	600m:	750m:	
2.	Chang Bom	The Hague Swimming (SG)	12:00.00	197201483	12:32.81	217
	50m:	200m: 2:55.45	350m:	500m:	650m:	800m: 12:32.81
	100m: 1:23.22	250m:	400m: 6:04.83	550m:	700m:	
	150m:	300m:	450m:	600m:	750m:	
Masters 50+, Heren						
1.	Willem Jan Ribberink	WIDEX GZC DONK	12:10.74	196501327	12:16.19	232
	50m:	200m: 2:50.36	350m:	500m:	650m:	800m: 12:16.19
	100m: 1:20.83	250m:	400m: 5:55.06	550m:	700m:	
	150m:	300m:	450m:	600m:	750m:	
2.	Erwin Beringen	GoSwim	NT	196601515	12:37.00	213
	50m:	200m: 2:49.54	350m:	500m:	650m:	800m: 12:37.00
	100m: 1:17.14	250m:	400m: 6:05.02	550m:	700m:	
	150m:	300m:	450m:	600m:	750m:	
3.	Klaas de Ridder	ZVVS	13:25.35	196501599	13:17.08	182
	50m:	200m: 3:12.15	350m:	500m:	650m:	800m: 13:17.08
	100m: 1:28.62	250m:	400m: 6:40.90	550m:	700m:	
	150m:	300m:	450m:	600m:	750m:	

KNZB Regio-West Open Masters Deel 3
Alphen a.d. Rijn, 18-2-2018

Programmanr. 11, 800m vrije slag

Masters 55+, Heren

1. Robin Prins	De Geul	11:45.00	196200515	11:37.26	273
50m:	200m: 2:46.34	350m:	500m:	650m:	800m: 11:37.26
100m: 1:19.98	250m:	400m: 5:41.94	550m:	700m:	
150m:	300m:	450m:	600m:	750m:	

Masters 60+, Heren

1. Peter Coffeng	WIDEX GZC DONK	14:30.00	195700063	14:11.31	150
50m:	200m: 3:12.66	350m:	500m:	650m:	800m: 14:11.31
100m: 1:31.31	250m:	400m: 6:47.48	550m:	700m:	
150m:	300m:	450m:	600m:	750m:	
2. Andre Pantekoek	De Devel	16:00.00	195800321	15:28.41	115
50m:	200m: 3:29.00	350m:	500m:	650m:	800m: 15:28.41
100m: 1:37.59	250m:	400m: 7:26.70	550m:	700m:	
150m:	300m:	450m:	600m:	750m:	

Masters 75+, Heren

1. Geza Kaltenecker	AZC	14:02.64	194200065	14:17.17	147
50m:	200m: 3:25.28	350m:	500m:	650m:	800m: 14:17.17
100m: 1:37.48	250m:	400m: 7:03.81	550m:	700m:	
150m:	300m:	450m:	600m:	750m:	

Masters 20+, Dames

1. Jamilla van Veen	ZPC Woerden	9:15.52	199603192	9:07.45	706
50m:	200m: 2:10.80	350m:	500m:	650m:	800m: 9:07.45
100m: 1:02.61	250m:	400m: 4:29.82	550m:	700m:	
150m:	300m:	450m:	600m:	750m:	
2. Laura Scheffer	GoSwim	11:38.47	199407222	11:03.85	396
50m:	200m: 2:40.13	350m:	500m:	650m:	800m: 11:03.85
100m: 1:16.85	250m:	400m: 5:28.70	550m:	700m:	
150m:	300m:	450m:	600m:	750m:	

Masters 25+, Dames

1. Wendy de Bruin	ZOB'66	10:45.00	199206320	10:24.03	476
50m:	200m: 2:32.06	350m:	500m:	650m:	800m: 10:24.03
100m: 1:13.59	250m:	400m: 5:11.50	550m:	700m:	
150m:	300m:	450m:	600m:	750m:	
2. Cathy Schrijner	LZ 1886	13:13.05	199108044	13:25.58	221
50m:	200m: 3:08.21	350m:	500m:	650m:	800m: 13:25.58
100m: 1:29.03	250m:	400m: 6:33.88	550m:	700m:	
150m:	300m:	450m:	600m:	750m:	
3. Martine Stam	Albion d'ELFT (SG)	14:00.00	199307942	14:48.17	165
50m:	200m: 3:27.84	350m:	500m:	650m:	800m: 14:48.17
100m: 1:38.30	250m:	400m: 7:17.30	550m:	700m:	
150m:	300m:	450m:	600m:	750m:	

NG Xandra Otter WIDEX GZC DONK 12:56.63 199006046

Masters 30+, Dames

NG Tessa Lukassen GoSwim 12:00.00 198702620

Masters 35+, Dames

1. Anke Lamboij	De Vliet (SG)	11:00.00	198001182	10:31.29	460
50m:	200m: 2:29.63	350m:	500m:	650m:	800m: 10:31.29
100m: 1:10.80	250m:	400m: 5:10.85	550m:	700m:	
150m:	300m:	450m:	600m:	750m:	
2. Linda Hoogendam	WVZ	10:30.19	198300892	11:04.26	395
50m:	200m: 2:40.57	350m:	500m:	650m:	800m: 11:04.26
100m: 1:17.54	250m:	400m: 5:29.89	550m:	700m:	
150m:	300m:	450m:	600m:	750m:	
3. Aafke Groot	De Geul	12:10.00	198302748	12:24.63	280
50m:	200m: 2:59.77	350m:	500m:	650m:	800m: 12:24.63
100m: 1:25.06	250m:	400m: 6:11.47	550m:	700m:	
150m:	300m:	450m:	600m:	750m:	

KNZB Regio-West Open Masters Deel 3
Alphen a.d. Rijn, 18-2-2018

Programmanr. 11, 800m vrije slag

Masters 40+, Dames

1. Liselotte Joling	PSV		9:50.95	197500268	10:10.86	508
50m:	200m: 2:27.70	350m:	500m:	650m:	800m: 10:10.86	
100m: 1:11.53	250m:	400m: 5:02.34	550m:	700m:		
150m:	300m:	450m:	600m:	750m:		

Masters 45+, Dames

1. Marijke Campfens	De Geul		12:15.00	196900960	12:03.30	306
50m:	200m: 2:49.47	350m:	500m:	650m:	800m: 12:03.30	
100m: 1:20.03	250m:	400m: 5:53.58	550m:	700m:		
150m:	300m:	450m:	600m:	750m:		
2. H. Driesen-Joanknecht	Aqua-Novio'94		14:17.49	197101056	13:58.24	197
50m:	200m: 3:21.54	350m:	500m:	650m:	800m: 13:58.24	
100m: 1:37.02	250m:	400m: 6:53.95	550m:	700m:		
150m:	300m:	450m:	600m:	750m:		
3. Marleen Prins	ZPCH		15:35.71	197300864	14:56.98	160
50m:	200m: 3:36.82	350m:	500m:	650m:	800m: 14:56.98	
100m: 1:41.84	250m:	400m: 7:29.59	550m:	700m:		
150m:	300m:	450m:	600m:	750m:		

NG Karin Stein ZVVS 10:17.97 197100554

Masters 50+, Dames

1. Sandra Daamen-Posma	AZC		13:30.00	196800854	13:14.73	231
50m:	200m: 3:08.36	350m:	500m:	650m:	800m: 13:14.73	
100m: 1:30.20	250m:	400m: 6:30.36	550m:	700m:		
150m:	300m:	450m:	600m:	750m:		
2. Erica Muller	De Geul		14:00.00	196400412	13:50.93	202
50m:	200m: 3:18.23	350m:	500m:	650m:	800m: 13:50.93	
100m: 1:35.60	250m:	400m: 6:47.35	550m:	700m:		
150m:	300m:	450m:	600m:	750m:		
3. Roselinda van der Vlugt	ZV Woestduin		14:15.00	196700710	14:20.17	182
50m:	200m: 3:28.50	350m:	500m:	650m:	800m: 14:20.17	
100m: 1:39.61	250m:	400m: 7:07.94	550m:	700m:		
150m:	300m:	450m:	600m:	750m:		
4. Alice de Haan	WIDEX GZC DONK		14:11.76	196400590	14:30.23	176
50m:	200m: 3:15.94	350m:	500m:	650m:	800m: 14:30.23	
100m: 1:31.06	250m:	400m: 6:57.08	550m:	700m:		
150m:	300m:	450m:	600m:	750m:		

Masters 55+, Dames

1. Marlien Wijnhof	Nat Utrecht		12:24.11	196100300	12:23.03	282
50m:	200m: 3:00.23	350m:	500m:	650m:	800m: 12:23.03	
100m: 1:26.57	250m:	400m: 6:11.17	550m:	700m:		
150m:	300m:	450m:	600m:	750m:		